



HERRING BAY TIDE CALENDAR

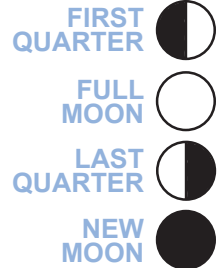


DATA SOURCE: NOAA TIDE PREDICTIONS

2018

The following estimated Herring Bay tide tables have been calculated for your boating convenience. These figures have been pre-adjusted to reflect Daylight Saving Time. Please remember that the moon, and especially weather conditions, have a definite effect on tide levels. A watchful boater will not rely solely on any single aid for navigation.

Although the greatest care has been taken in the preparation of these estimated tides, HERRINGTON HARBOUR MARINAS accept no responsibility or liability for any errors, omissions or alterations, or for any consequences or damages ensuing upon the use of or reliance upon the projected tides indicated herewith.



MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 ☉	2 ☉	3 ☉
				H 2:59AM L 9:23AM H 3:51PM L 10:25PM	H 3:52AM L 10:19AM H 4:38PM L 11:06PM	H 4:43AM L 11:12AM H 5:23PM L 11:46PM
4 ☉	5 ☉	6 ☉	7 ☉	8 ☉	9 ☉	10 ☉
H 5:33AM L 12:05PM H 6:06PM	L 12:23AM H 6:23AM L 12:59PM H 6:49PM	L 1:00AM H 7:14AM L 1:55PM H 7:33PM	L 1:39AM H 7:14AM L 2:55PM H 8:18PM	L 2:20AM H 8:06AM L 3:58PM H 9:07PM	L 3:07AM H 9:00AM L 5:01PM H 10:01PM	L 4:01AM H 10:58AM L 6:00PM H 10:57PM
11 ☉	12 ☉	13 ☉	14 ☉	15 ☉	16 ☉	17 ☉
L 6:00AM H 11:52AM L 7:53PM	H 12:54AM L 7:00AM H 1:55PM L 8:38PM	H 1:48AM L 7:57AM H 2:44PM L 9:18PM	H 2:38AM L 8:49AM H 3:26PM L 9:55PM	H 3:23AM L 9:37AM H 4:05PM L 10:28PM	H 4:05AM L 10:23AM H 4:41PM L 11:01PM	H 4:45AM L 11:07AM H 5:17PM L 11:32PM
18 ☉	19 ☉	20 ☉	21 ☉	22 ☉	23 ☉	24 ☉
H 5:24AM L 11:52AM H 5:54PM	L 12:04AM H 6:05AM L 12:40PM H 6:33PM	L 12:37AM H 6:48AM L 1:31PM H 7:15PM	L 1:13AM H 7:35AM L 2:27PM H 8:01PM	L 1:54AM H 8:25AM L 3:29PM H 8:51PM	L 2:42AM H 9:21AM L 4:35PM H 9:48PM	L 3:40AM H 10:22AM L 5:42PM H 10:49PM
25 ☉	26 ☉	27 ☉	28 ☉	29 ☉	30 ☉	31 ☉
L 4:49AM H 11:28AM L 6:45PM H 11:53PM	L 6:03AM H 12:37PM L 7:43PM	H 12:56AM L 7:17AM H 1:44PM L 8:35PM	H 1:57AM L 8:25AM H 2:45PM L 9:23PM	H 2:53AM L 9:26AM H 3:39PM L 10:06PM	H 3:46AM L 10:23AM H 4:28PM L 10:46PM	H 4:36AM L 11:16AM H 5:12PM L 11:23PM

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 ☉	2 ☉	3 ☉	4 ☉	5 ☉	6 ☉	7 ☉
H 5:24AM L 12:07PM H 5:55PM L 11:58PM	H 6:10AM L 12:57PM H 6:36PM	L 12:32AM H 6:55AM L 1:48PM H 7:18PM	L 1:06AM H 7:40AM L 2:38PM H 8:02PM	L 1:43AM H 8:26AM L 3:30PM H 8:48PM	L 2:26AM H 9:14AM L 4:23PM H 9:38PM	L 3:17AM H 10:05AM L 5:17PM H 10:31PM
8 ☉	9 ☉	10 ☉	11 ☉	12 ☉	13 ☉	14 ☉
L 4:16AM H 11:01AM L 6:08PM H 11:28PM	L 5:22AM H 11:59AM L 6:56PM	H 12:24AM L 6:29AM H 12:56PM L 7:40PM	H 1:18AM L 7:31AM H 1:48PM L 8:20PM	H 2:07AM L 8:27AM H 2:35PM L 8:57PM	H 2:53AM L 9:19AM H 3:18PM L 9:33PM	H 3:35AM L 10:08AM H 3:59PM L 10:07PM
15 ☉	16 ☉	17 ☉	18 ☉	19 ☉	20 ☉	21 ☉
H 4:16AM L 10:58AM H 4:41PM L 10:41PM	H 4:58AM L 11:47AM H 5:23PM L 11:16PM	H 5:40AM L 12:39PM H 6:07PM L 11:53PM	L 6:25AM H 1:32PM L 6:55PM	L 12:36AM H 7:14AM L 2:28PM H 7:46PM	L 1:24AM H 8:06AM L 3:26PM H 8:41PM	L 2:22AM H 9:02AM L 4:25PM H 9:40PM
22 ☉	23 ☉	24 ☉	25 ☉	26 ☉	27 ☉	28 ☉
L 3:30AM H 10:04AM L 5:24PM H 10:43PM	L 4:47AM H 11:11AM L 6:21PM H 11:48PM	L 6:06AM H 12:18PM L 7:13PM	H 12:50AM L 7:20AM H 1:22PM L 8:02PM	H 1:49AM L 8:26AM H 2:20PM L 8:47PM	H 2:44AM L 9:27PM	H 3:34AM L 10:21AM H 3:59PM L 10:04PM
29 ☉	30 ☉					
H 4:21AM L 11:13AM H 4:43PM L 10:38PM	H 5:06AM L 12:03PM H 5:25PM L 11:11PM					

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 ☉	2 ☉	3 ☉	4 ☉	5 ☉
		H 5:48AM L 12:50PM H 6:07PM L 11:43PM	H 6:28AM L 1:36PM H 6:50PM	L 12:18AM H 7:08AM L 2:20PM H 7:34PM	L 12:58AM H 7:49AM L 3:03PM H 8:21PM	L 1:44AM H 8:32AM L 3:46PM H 9:10PM
6 ☉	7 ☉	8 ☉	9 ☉	10 ☉	11 ☉	12 ☉
L 2:37AM H 9:18AM L 4:29PM H 10:03PM	L 3:38AM H 10:08AM L 5:13PM H 10:57PM	L 4:45AM H 11:01AM L 5:56PM H 11:51PM	L 5:54AM H 11:55AM L 6:39PM	H 12:44AM L 7:00AM H 12:48PM L 7:19PM	H 1:33AM L 8:02AM H 1:39PM L 7:58PM	H 2:19AM L 9:00AM H 2:28PM L 8:36PM
13 ☉	14 ☉	15 ☉	16 ☉	17 ☉	18 ☉	19 ☉
H 3:04AM L 9:55AM H 3:16PM L 9:13PM	H 3:48AM L 10:48AM H 4:05PM L 9:52PM	H 4:33AM L 11:41AM H 4:54PM L 10:34PM	H 5:18AM L 11:53AM H 5:44PM L 11:20PM	H 6:06AM L 12:34PM H 6:37PM	L 12:10AM H 6:57AM L 2:19PM H 7:32PM	L 1:08AM H 7:51AM L 3:12PM H 8:31PM
20 ☉	21 ☉	22 ☉	23 ☉	24 ☉	25 ☉	26 ☉
L 2:14AM H 8:48AM L 4:06PM H 9:32PM	L 3:28AM H 9:48AM L 4:59PM H 10:35PM	L 4:47AM H 10:51AM L 5:50PM H 11:39PM	L 6:04AM H 11:53AM L 6:39PM	H 12:40AM L 7:17AM H 12:53PM L 7:25PM	H 1:39AM L 8:23AM H 1:48PM L 8:08PM	H 2:32AM L 9:23AM H 2:39PM L 8:46PM
27 ☉	28 ☉	29 ☉	30 ☉	31 ☉		
H 3:21AM L 10:18AM H 3:27PM L 9:22PM	H 4:06AM L 11:09AM H 4:13PM L 9:56PM	H 4:47AM L 11:56AM H 4:58PM L 10:30PM	H 5:26AM L 12:39PM H 5:41PM L 11:05PM	H 6:03AM L 1:19PM H 6:25PM L 11:44PM		

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 ☉	2 ☉
					H 6:40AM L 1:56PM H 7:10PM	L 12:27AM H 7:18AM L 2:32PM H 7:55PM
3 ☉	4 ☉	5 ☉	6 ☉	7 ☉	8 ☉	9 ☉
L 1:15AM H 7:57AM L 3:07PM H 8:42PM	L 2:07AM H 8:39AM L 3:44PM H 9:32PM	L 3:05AM H 9:24AM L 4:22PM H 10:23PM	L 4:09AM H 10:11AM L 5:01PM H 11:14PM	L 5:18AM H 11:02AM L 5:41PM	H 12:06AM L 6:29AM H 11:54AM L 6:21PM	H 12:56AM L 7:38AM H 12:48PM L 7:02PM
10 ☉	11 ☉	12 ☉	13 ☉	14 ☉	15 ☉	16 ☉
H 1:45AM L 8:42AM H 1:43PM L 7:44PM	H 2:33AM L 9:42AM H 2:38PM L 8:28PM	H 3:21AM L 10:38AM H 3:33PM L 9:14PM	H 4:10AM L 11:31AM H 4:28PM L 10:05PM	H 5:00AM L 11:22AM H 5:24PM L 10:59PM	H 5:51AM L 1:11PM H 6:20PM L 11:58PM	H 6:43AM L 2:00PM H 7:17PM
17 ☉	18 ☉	19 ☉	20 ☉	21 ☉	22 ☉	23 ☉
L 1:01AM H 7:37AM L 2:49PM H 8:16PM	L 2:10AM H 8:32AM L 3:38PM H 9:17PM	L 3:24AM H 9:28AM L 4:27PM H 10:20PM	L 4:40AM H 10:25AM L 5:15PM H 11:23PM	L 5:56AM H 11:22AM L 6:01PM	H 12:25AM L 7:08AM H 12:18PM L 6:45PM	H 1:23AM L 8:15AM H 1:13PM L 7:27PM
24 ☉	25 ☉	26 ☉	27 ☉	28 ☉	29 ☉	30 ☉
H 2:17AM L 9:15AM H 2:06PM L 8:06PM	H 3:05AM L 10:10AM H 2:57PM L 8:44PM	H 3:48AM L 10:58AM H 3:46PM L 9:22PM	H 4:28AM L 11:41AM H 4:33PM L 10:01PM	H 5:05AM L 12:20PM H 5:18PM L 10:41PM	H 5:41AM L 12:54AM H 6:02PM L 11:24PM	H 6:16AM L 1:26PM H 6:45PM

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 L 12:08AM H 6:51AM L 1:57PM H 7:28PM	2 L 12:54AM H 7:28AM L 2:28PM H 8:12PM	3 L 1:43AM H 8:06AM L 3:00PM H 8:58PM	4 L 2:37AM H 8:46AM L 3:34PM H 9:46PM	5 L 3:39AM H 9:30AM L 4:10PM H 10:36PM	6 L 4:49AM H 10:18AM L 4:48PM H 11:27PM	7 L 6:04AM H 11:11AM L 5:29PM
8 H 12:20AM L 7:19AM L 12:07PM H 6:14PM	9 H 1:13AM L 8:26AM L 1:07PM H 7:02PM	10 H 2:05AM L 9:27AM L 2:08PM H 7:55PM	11 H 2:58AM L 10:22AM L 3:08PM H 8:51PM	12 H 3:51AM L 11:12AM L 4:07PM H 9:50PM	13 H 4:44AM L 12:00PM L 5:05PM H 10:51PM	14 H 5:36AM L 12:47PM L 6:02PM H 11:53PM
15 H 6:28AM L 1:32PM H 6:59PM	16 L 12:58AM H 7:20AM L 2:18PM H 7:57PM	17 L 2:04AM H 8:11AM L 3:03PM H 8:57PM	18 L 3:14AM H 9:03AM L 3:48PM H 9:58PM	19 L 4:27AM H 9:55AM L 4:32PM H 11:00PM	20 L 5:42AM H 10:48AM L 5:17PM	21 L 12:02AM H 6:54AM L 11:43AM H 6:01PM
22 H 1:01AM L 8:01AM L 12:39PM H 6:45PM	23 H 1:55AM L 9:01AM L 1:36PM H 7:29PM	24 H 2:44AM L 9:52AM L 2:30PM H 8:14PM	25 H 3:28AM L 10:36AM L 3:22PM H 8:59PM	26 H 4:07AM L 11:15AM L 4:10PM H 9:44PM	27 H 4:44AM L 11:49AM L 5:55PM H 10:28PM	28 H 5:18AM L 12:20PM L 6:58PM H 11:11PM
29 H 5:51AM L 12:48PM L 6:19PM H 11:54PM	30 H 6:25AM L 1:16PM H 6:59PM	31 L 12:39AM H 6:59AM L 1:45PM H 7:40PM				

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 L 1:26AM H 7:35AM L 2:15PM H 8:23PM	2 L 2:19AM H 8:14AM L 2:47PM H 9:09PM	3 L 3:20AM H 8:57AM L 3:22PM H 9:58PM	4 L 4:32AM H 9:45AM L 4:01PM H 10:51PM
5 L 5:49AM H 10:39AM L 4:46PM H 11:46PM	6 L 7:03AM H 11:39AM L 5:37PM	7 L 12:44AM H 8:09AM L 12:43PM H 6:35PM	8 L 1:42AM H 9:07AM L 1:48PM H 7:38PM	9 L 2:39AM H 9:59AM L 2:51PM H 8:43PM	10 L 3:35AM H 10:47AM L 3:50PM H 9:47PM	11 L 4:29AM H 11:32AM L 4:48PM H 10:49PM
12 H 5:20AM L 12:15PM H 5:44PM L 11:51PM	13 H 6:10AM L 12:57PM H 6:39PM	14 L 12:52AM H 6:58AM L 1:39PM H 7:35PM	15 L 1:55AM H 7:45AM L 2:20PM H 8:31PM	16 L 3:01AM H 8:33AM L 3:01PM H 9:29PM	17 L 4:11AM H 9:21AM L 3:44PM H 10:29PM	18 L 5:23AM H 10:13AM L 4:27PM H 11:29PM
19 L 6:34AM H 11:09AM L 5:14PM	20 H 12:28AM L 7:38AM L 12:08PM H 6:05PM	21 L 1:24AM H 8:34AM L 1:08PM H 6:58PM	22 L 2:15AM H 9:21AM L 2:06PM H 7:51PM	23 L 3:00AM H 10:01AM L 2:59PM H 8:43PM	24 L 3:40AM H 10:36AM L 3:47PM H 9:31PM	25 L 4:16AM H 11:07AM L 4:30PM H 10:16PM
26 L 4:50AM H 11:36AM L 5:11PM H 11:00PM	27 H 5:22AM L 12:04PM L 5:51PM H 11:44PM	28 H 5:55AM L 12:31PM H 6:29PM	29 L 12:28AM H 6:29AM L 1:00PM H 7:09PM	30 L 1:17AM H 7:06AM L 1:29PM H 7:50PM	31 L 2:11AM H 7:46AM L 2:02PM H 8:36PM	

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 L 3:14AM H 8:31AM L 2:38PM H 9:25PM
2 L 4:25AM H 9:22AM L 3:22PM H 10:19PM	3 L 5:38AM H 10:19AM L 4:14PM H 11:18PM	4 L 6:47AM H 11:23AM L 5:16PM	5 L 12:20AM H 7:48AM L 12:30PM H 6:25PM	6 L 1:22AM H 8:42AM L 1:36PM H 7:36PM	7 L 2:22AM H 9:31AM L 2:38PM H 8:44PM	8 L 3:19AM H 10:16AM L 3:37PM H 9:48PM
9 L 4:11AM H 10:58AM L 4:32PM H 10:49PM	10 H 5:00AM L 11:38AM L 5:26PM H 11:47PM	11 H 5:46AM L 12:17PM H 6:18PM	12 L 12:46AM H 6:31AM L 12:55PM H 7:10PM	13 L 1:45AM H 7:15AM L 1:33PM H 8:03PM	14 L 2:47AM H 8:01AM L 2:11PM H 8:56PM	15 L 3:53AM H 8:49AM L 2:51PM H 9:50PM
16 L 5:00AM H 9:41AM L 3:36PM H 10:47PM	17 L 6:05AM H 10:38AM L 4:28PM H 11:45PM	18 L 7:04AM H 11:39AM L 5:27PM	19 L 12:42AM H 7:54AM L 12:41PM H 6:29PM	20 L 1:35AM H 8:38AM L 1:39PM H 7:29PM	21 L 2:21AM H 9:15AM L 2:32PM H 8:25PM	22 L 3:02AM H 9:48AM L 3:20PM H 9:15PM
23 L 3:39AM H 10:18AM L 4:03PM H 10:03PM	24 L 4:14AM H 10:47AM L 4:43PM H 10:48PM	25 L 4:48AM H 11:15AM L 5:22PM H 11:34PM	26 L 5:23AM H 11:44AM L 6:00PM	27 L 12:23AM H 5:59AM L 12:13PM H 6:39PM	28 L 1:14AM H 6:39AM L 12:45PM H 7:21PM	29 L 2:11AM H 7:23AM L 1:21PM H 8:08PM
30 L 3:13AM H 8:12AM L 2:04PM H 8:59PM						

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 L 4:19AM H 9:07AM L 2:55PM H 9:55PM	2 L 5:25AM H 10:09AM L 3:57PM H 10:57PM	3 L 6:26AM H 11:15AM L 5:09PM	4 L 12:01AM H 7:22AM L 12:23PM H 6:26PM	5 L 1:04AM H 8:13AM L 7:40PM	6 L 2:04AM H 8:59AM L 2:28PM H 8:47PM
7 H 2:58AM L 9:42AM H 3:25PM L 9:49PM	8 L 3:48AM H 10:21AM L 4:18PM H 10:48PM	9 L 4:34AM H 10:59AM L 5:09PM H 11:44PM	10 L 5:19AM H 11:35AM L 5:58PM	11 L 12:40AM H 6:02AM L 12:10PM H 6:46PM	12 L 1:36AM H 6:46AM L 12:45PM H 7:33PM	13 L 2:32AM H 7:31AM L 1:22PM H 8:21PM
14 L 3:30AM H 8:19AM L 2:03PM H 9:10PM	15 L 4:28AM H 9:11AM L 2:50PM H 10:02PM	16 L 5:24AM H 10:07AM L 3:46PM H 10:56PM	17 L 6:16AM H 11:08AM L 4:50PM H 11:50PM	18 L 7:02AM H 12:10PM L 5:58PM	19 L 12:43AM H 7:43AM L 1:08PM H 7:02PM	20 L 1:30AM H 8:19AM L 2:02PM H 8:01PM
21 L 2:13AM H 8:53AM L 2:49PM H 8:55PM	22 L 2:53AM H 9:24AM L 3:33PM H 9:46PM	23 L 3:31AM H 9:55AM L 4:13PM H 10:37PM	24 L 4:10AM H 10:26AM L 5:02PM H 11:27PM	25 L 4:50AM H 10:58AM L 5:31PM	26 L 12:18AM H 5:32AM L 11:32AM H 6:13PM	27 L 1:12AM H 6:17AM L 12:09PM H 6:58PM
28 L 2:08AM H 7:05AM L 12:52PM H 7:46PM	29 L 3:06AM H 7:59AM L 1:42PM H 8:40PM	30 L 4:06AM H 8:57AM L 2:42PM H 9:37PM	31 L 5:04AM H 10:01AM L 3:53PM H 10:39PM			

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 L 6:00AM H 11:08AM L 5:12PM H 11:42PM	2 L 6:52AM H 12:15PM L 6:30PM	3 L 12:44AM H 7:41AM L 1:20PM H 7:42PM
4 H 1:41AM L 7:25AM L 1:20PM H 7:48PM	5 L 1:33AM L 8:06AM L 2:15PM H 8:49PM	6 L 2:21AM H 8:45AM L 3:08PM H 9:47PM	7 L 3:07AM H 9:21AM L 3:54PM H 10:41PM	8 L 3:51AM H 9:55AM L 4:39PM H 11:33PM	9 L 4:34AM H 10:29AM L 5:22PM	10 L 12:24AM H 5:18AM L 11:04AM H 6:05PM
11 L 1:14AM H 6:03AM L 11:43AM H 6:48PM	12 L 2:02AM H 6:50AM L 12:25PM H 7:32PM	13 L 2:49AM H 7:41AM L 1:14PM H 8:18PM	14 L 3:35AM H 8:35AM L 2:10PM H 9:06PM	15 L 4:19AM H 9:33AM L 3:13PM H 9:56PM	16 L 5:02AM H 10:32AM L 4:20PM H 10:45PM	17 L 5:41AM H 11:31AM L 5:27PM H 11:32PM
18 L 6:19AM L 12:25PM H 6:32PM	19 L 12:18AM L 6:54AM L 1:14PM H 7:32PM	20 L 1:03AM H 7:29AM L 1:58PM H 8:30PM	21 L 1:48AM H 8:04AM L 2:41PM H 9:25PM	22 L 2:33AM H 8:40AM L 3:23PM H 10:18PM	23 L 3:19AM H 9:18AM L 4:06PM H 11:11PM	24 L 4:07AM H 9:59AM L 4:52PM
25 L 12:03AM H 4:57AM L 10:45AM H 5:40PM	26 L 12:56AM H 5:50AM L 11:36AM H 6:31PM	27 L 1:50AM H 6:47AM L 12:34PM H 7:25PM	28 L 2:43AM H 7:47AM L 1:41PM H 8:22PM	29 L 3:37AM H 8:51AM L 2:54PM H 9:21PM	30 L 4:29AM H 9:58AM L 4:12PM H 10:21PM	

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 L 5:19AM H 11:05AM L 5:29PM H 11:18PM
2 L 6:06AM H 12:10PM L 6:41PM	3 L 12:13AM H 6:50AM L 1:10PM H 7:47PM	4 L 1:04AM H 7:31AM L 2:04PM H 8:47PM	5 L 1:53AM H 8:10AM L 2:54PM H 9:43PM	6 L 2:40AM H 8:47AM L 3:39PM H 10:35PM	7 L 3:26AM H 9:23AM L 4:21PM H 11:22PM	8 L 4:10AM H 9:59AM L 5:01PM
9 L 12:07AM H 4:54AM L 10:36AM H 5:41PM	10 L 12:48AM H 5:38AM L 11:17AM H 6:20PM	11 L 1:27AM H 6:23AM L 12:00PM H 6:59PM	12 L 2:05AM H 7:10AM L 12:47PM H 7:40PM	13 L 2:42AM H 8:01AM L 1:38PM H 8:22PM	14 L 3:20AM H 8:54AM L 2:36PM H 9:05PM	15 L 3:59AM H 9:50AM L 3:40PM H 9:51PM
16 L 4:38AM H 10:46AM L 4:50PM H 10:38PM	17 L 5:18AM H 11:41AM L 6:01PM H 11:27PM	18 L 5:57AM H 12:32PM L 7:09PM	19 L 12:17AM H 6:37AM L 1:22PM H 8:12PM	20 L 1:09AM H 7:19AM L 2:09PM H 9:10PM	21 L 2:01AM H 8:03AM L 2:57PM H 10:04PM	22 L 2:53AM H 8:50AM L 3:45PM H 10:55PM
23 H 3:46AM L 9:40AM H 4:35PM L 11:45PM	24 H 4:40AM L 10:34AM H 5:26PM	25 L 12:34AM H 5:35AM L 11:31AM H 6:18PM	26 L 1:23AM H 6:32AM L 12:33PM H 7:11PM	27 L 2:13AM H 7:32AM L 1:40PM H 8:05PM	28 L 3:03AM H 8:35AM L 2:51PM H 8:59PM	29 L 3:52AM H 9:41AM L 4:07PM H 9:54PM
30 L 4:41AM H 10:49AM L 5:22PM H 10:49PM	31 L 5:29AM H 11:54AM L 6:34PM H 11:42PM					